

The Southshore Falls Scoop

Love life to the fullest.



May 2011

Looking back on April

April was jam-packed with memorable events, including the Southshore Falls Prom 2011 and the Farewell Sock Hop. Thank you to all the residents who helped set up and work these events, including Wayne Rabineau, Barb Rabineau, Dottie Myers, Dottie Plasky, Giselle Waite, Kent Rasmussen, Patty Rasmussen, Norma Goldberger, Steve Goldberger, and the Southshore Falls staff. Here are some highlights of all the fun we had. Congratulations to Joe and Shirley Stetina, elected our first Southshore Falls Prom King and Queen!



Joe and Shirley Stetina
Prom King & Queen 2011



Important Phone Numbers

Dominique Cotrone, Lifestyle Director
641 - 3616
DCotrone@accessyourcommunity.com

Cathy Sobrito, HOA Assistant
641 - 3616
CSobrito@accessyourcommunity.com

Craig Ayres, Maintenance
641 - 3616
CAyres@accessyourcommunity.com

Kim Bittar, Community Manager
641 - 3616
KBittar@accessyourcommunity.com

Security Gate
641 - 8742

Wellspring Clubhouse
641 - 3616

Sales Office
645 - 5749

Mainscape Landscaping
(800) 481 - 0096

Pulte Warranty
(866) 313 - 9950

Del Webb
— SOUTHSHORE FALLS —

Island Getaway

Relax around the pool and enjoy an island getaway. Blair Entertainment will be providing the luau, fire tricks, and dancing under the stars on Sunday, May 1st. This event is free and will begin promptly at 6:00 pm. Please remember that no glass containers are permitted around the pool.



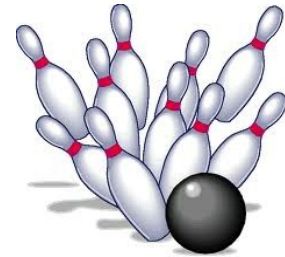
Bocce Tournament

If you know how to play bocce, here's your chance to shine. Our very first bocce tournament will take place starting at 3:00 pm on May 29th. Sign up to reserve your spot in the tournament.



Bowling Champions

Meeting at "The Alley" on Tuesday, May 10th. \$4 per game \$1.50 shoe rental. Must prepay and get directions in the lobby. Sign up by May 10th to participate.



Hard Rock Trip

\$20 per person

Are you eager to win some money? A return visit to the Hard Rock is planned for Monday, May 2nd. This event costs \$20, for which you will receive round-trip transportation, a \$5 meal voucher, and a \$20 slot-play ticket. The bus departs at 10:15 am from the Well-spring Clubhouse and leaves for home at 5:00 pm. Please sign up and pay by April 28th. Make your check payable to Anywhere Tours of Florida.



Saladmasters Lunch Event

Saladmasters knows how to make meals healthier. Want to learn how? Come to the Wellspring Clubhouse on May 4th at 12:30 pm. The first 16 people to sign up for this Saladmasters luncheon class will be treated to a healthy lunch along with instructions on how to cook scrumptious meals while avoiding excessive amounts of sodium, fat, and cholesterol. Please sign up by May 2nd.

Saladmaster[®]
We Change Lives

Southshore Falls Pet Parade on May 7th

Do you think your pet has what it takes to win a prize?

Put your pet through its paces on Saturday, May 7th, starting at 9:00 am. A \$50 gift card to Pet Supermarket will be awarded for best pet costume, best pet trick, and best pet-owner lookalike! Bottled water, doggie pools, and doggie gift bags will be provided courtesy of Pet Supermarket. Pet registration will take place from 9:00 to 9:30 am, contests from 9:30 to 10:00 am, and a pet parade starting at 10:00 am. Please sign up by May 6th.



Del Webb®

Tacos & Trivia

Come out and play Tacos & Trivia on Sunday, May 15th starting at 7:00 pm. \$10 per person to play including a taco bar. Sign up in the Wellspring Clubhouse by May 13th to participate.



Social Tea & Coffee

Do you live with your parent (s) in your home? Bring them out to meet some friends at the social tea & coffee event.

11:00 am
Internet Café
May 25th



Flower and Garden Festival at Epcot

This annual Disney event is extremely popular, and this year you can leave the driving to us! A bus will be departing from Southshore Falls at 9:00 am and leaving Epcot at 5:00 pm. Cost is \$25 round-trip (park admission is separate and is your responsibility). To sign up, turn in your check at the Wellspring Clubhouse, made payable to Anywhere Tours of Florida.

A minimum of 30 people is required, so sign up ASAP!



Preakness , Poker & Pool Party

Preakness Racing & Poker Playing! Does that sound good? Oh, did I mention... hot dogs and hamburgers? Get out of the house on May 21st and enjoy music from DJ Wayne , swimming, eating, Texas hold em and the Preakness horse racing. The entry fee for the poker tournament will be \$25 per person. Hot dogs, hamburgers, drinks & chips will be provided for everyone at the pool and clubhouse. The tournament will play from 1:00 pm to 4:00 pm, registration will be held at 12:30 pm. Pari-mutual wagering on the Preakness racing will start at 2:00 pm until the start of the race. Sign up in lobby if you plan to be in the poker tournament.



Del Webb[®]

Golf Scramble

Attention golfers: Upcoming golf scramble will start at 2:00 pm on May 15th at the Apollo Beach Golf Course. This scramble is \$20 to play and \$4 for prizes; please sign up in the Wellspring Clubhouse. Any questions please contact Don or Sandy at 641-7117.



Billiards 8-ball Tournament

Calling all pool sharks! Come down to the Wellspring Clubhouse and sign up for the Billiards tournament that will be on May 26th at 1:00 pm. If you have the skills to win, you may win something good! Only 16 slots available, don't miss out!



May Birthday & Memorial Day Pool Party



Why not celebrate two special events at once? May birthday parties & Memorial Day is here! Get ready! Who can resist a pool party with DJ Wayne This event is on May 30th from 1:00 – 4:00 pm. There will be some grilling and birthday cake at the pool, don't miss out!



Sax Appeal Evening

Sax Appeal is a romantic, upbeat, and exciting instrumental duo. They will be entertaining in our Social Hall on May 28th from 7:00 to 10:00 pm. Bring your own appetizers and drinks and enjoy the smooth sounds and music. Cost is \$7 per person. Sign up and get ready to party!

Www.saxappealentertainment.com



Bingo

Bingo is played in the Social Hall on the first Wednesday of each month. The cost is \$10 for 3 cards and \$15 for 5 cards. Calling begins at 7:00 pm.; come 15 minutes early to get set up.



Mothers Day Brunch

Come out and celebrate a late Mother's Day brunch at the Wellspring Clubhouse on May 8th from 1:00 pm to 3:00 pm. \$18 per person which includes:

Menu

Crustless ham ,egg and cheese tarts

Mini quiche puffs

Spinach strawberry salad with feta and candied nuts

Fruit yogurt and granola parfaits

Variety muffin tower

Over roasted home fries

Fruit skewer topiary/fruit platter

Raspberry pecan pinwheels

Chocolate filled croissants



Sign up in the Wellspring Clubhouse by May 6th

Events coming up...

Deep Sea Fishing Extravaganza coming soon!
Let's go fishing! This excursion is coming in June!

Fathers Day BBQ & Pool party will be on June 19th

Christmas in July dance will be in July... get ready!

Del & Gary show coming September 9th-
to the Social Hall.



facebook

Facebook 101

Learn to connect with family and friends. To join, please come to the Internet Café at 2:00 pm on May 24th.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p>  <p>Island Getaway 6:00 –9:00 pm Poolside</p>	<p>2</p>  <p>Hard Rock Trip 10:15 am - 5:00 pm</p>	<p>3</p>	<p>4</p>  <p>Saladmasters 12:30 pm</p>  <p>Bingo 7:00 pm</p>	<p>5</p>	<p>6</p>  <p>Movie Night: <i>The Switch</i> 7:00 pm</p>	<p>7</p>  <p><i>Del Webb</i> Pet Parade 9:00 am– 11:00 am</p>
<p>8</p>  <p>Mothers Day Luncheon 1:00– 3:00 pm</p>	<p>9</p>	<p>10</p>  <p>Bowling 101 6:00 pm At “The Alley”</p>	<p>11</p>  <p>Epcot Flower & Garden Festival 9:00 am- leave 5:00 pm- depart</p>	<p>12</p>  <p>Wii Hour 2:00 pm - 4:00 pm</p>	<p>13</p>  <p>Movie Night: <i>Date Night</i> 7:00 pm</p>	<p>14</p>
<p>15</p> <p>Tacos & Trivia 7:00 pm</p>  <p>Golf Scramble 2:00 pm</p>	<p>16</p>	<p>17</p>  <p>Ping Pong Tournament 2:00 pm</p>	<p>18</p>	<p>19</p>	<p>20</p>  <p>Movie Night: <i>The Guardian</i> 7:00 pm</p>	<p>21</p>  <p><i>Del Webb</i> Preakness, Poker and Pool Party 1:00 pm</p>
<p>22</p>  <p>Wii Hour 2:00 pm - 4:00 pm</p>	<p>23</p>	<p>24</p>  <p>Facebook 101 2:00 pm Café</p>	<p>25</p> <p>Senior Fitness Day 12:00 pm Poolside</p>  <p>Tea & Coffee 11:00 am</p> 	<p>26</p>  <p>Billiards 8-ball Tournament 1:00 pm</p>	<p>27</p>  <p>Movie Night: <i>The Losers</i> 7:00 pm</p>	<p>28</p>  <p>Sax Appeal Entertainment 7:00 pm</p>
<p>29</p>  <p>Bocce Tournament 3:00 pm</p>	<p>30</p>  <p>Memorial Day and Birthday Pool Party 1:00 pm– 4:00 pm</p>	<p>31</p>				

Fitness Activities

ZUMBA: Mon. & Fri., 10:00 am
GET FIT!: Tues., 10:00 am
YOGA: Thurs., 10:00 a.m.
MEDITATION: Tues. & Thurs., 9:00 am
WATER AEROBICS: Tues., 8:00 am; Thurs., 10:30 am ★
SPECIAL LUNCH WATER AEROBICS: first and fourth Wed, 12:00 pm ★
CIRCUIT TRAINING: Every Fri., 10:30 am ★●
STRENGTH & STRENGTHEN: first Mon., 11:00 am ★●
TRIATHOLAN INFO MEETING: first Wed., 11:00 am ★
SENIOR FITNESS DAY: fourth Wed., 12:00 pm – 2:00 pm

- Modest fee or cash outlay
- ★ Del Webb or professional instructor-led.

Social Activities

MORNING JAVA: Fri., 9:00 am
BIKE CLUB: Wed. & Sat., 9:00 am
BOCCE: Tues., 5:30 pm; Sat., 11:00 am
BINGO: first Wed., 6:45 pm ●
PAINTING: every Fri., 10:30 am ★●
BOOK CLUB: second & fourth Wed., 7:00 pm
BRIDGE: Mon., Tues., & Thurs., 1:00 pm
CANASTA: Mon., 1:00 pm
EUCHRE: Wed., 1:00 pm **NEW TIME!**
GUN CLUB: first Thurs., & third Tues., 9:00 am
POKER: Thurs., 7:00 pm ●
MAH JONGG: Tues. & Thurs., 1:00 pm
MAH JONGG BASICS: Mon., 6:30 pm
MEXICAN DOMINOES: Thurs., 7:00 pm
SINGLES: first & third Tues., 10:00 am
LINE DANCING: Tues., 7:00 pm ●★
LINE DANCING FOR BEGINNERS: Tues., 6:30 pm ●★
SCRABBLE: Tues., 6:30pm **NEW DAY!**
OLD TIME GAME NIGHT: Wed., 6:30 pm
LET'S TALK SPORTS: second Mon., 7:00 pm
FILM CRITICS' CORNER: fourth Mon., 7:00 pm

Group Activities

DINING-OUT GROUP: to join a group, contact Peggy Retsch @ 645-9309
WINE-TASTING GROUP: to join a group, contact Barry Lea @ 938-5580
TRAVEL CLUB: for information, contact Pat Lea @ 938-5580
GUN CLUB: for information, contact Bob Douglas @ 641-0258

Special Events

May 1: ISLAND GETAWAY, 6:00 pm
May 2: HARD ROCK TRIP, 10:15 am ●
May 4: SALADMASTERS, 12:30 pm ★
May 7: PET PARADE, 9:00 am
May 8: MOTHERS DAY BRUNCH, 1:00 pm ●
May 10: BOWLING 101, 6:00 pm ●
May 11: FLOWER & GARDEN SHOW AT EPCOT, 9:00 am ●
May 15: GOLF SCRAMBLE, 2:00 pm ●
May 15: TACOS & TRIVIA, 7:00 pm ●★
May 16: REZONING MEETING, 5:00 pm
May 17: TABLE TENNIS TOURNAMENT, 2:00 pm
May 21: PREAKNESS, POKER & POOL PARTY 12:30 p.m. ●
May 24: FACEBOOK 101, 2:00 pm ★
May 25: TEA & COFFEE, 11:00 am
May 26: BILLIARDS TOURNAMENT, 1:00 pm
May 28: SAX APPEAL, 7:00 pm ●
May 29: BOCCE TOURNAMENT, 3:00 pm
May 30: MEMORIAL DAY POOL PARTY, 1:00 pm

Group Updates

SSF Book Club

April 20: *Day After Night* by Anita Diamant

May 18: *The Particular Sadness of Lemon Cake* by Aimee Bender

June 15: *Cutting for Stone* by Abraham Verghese



Meditation

Classes are every Tuesday and Thursday mornings at 9:00 am. Please join us for a peaceful rejuvenation. Call Peggy at 645-9309.



Gun Club

Get your pistols cleaned and ready! Meeting in the Internet Café on first Thursday and third Tuesday of the month then to the range in Ruskin and lunch. May 5th and 17th- 9:00 am

Yoga

Every Thursday at 10:00 am. Any questions? Please call Peggy.

Get Fit

Every Tuesday, 10:00 am. Come and GET FIT while working out with your neighbors! We are moving up to the moderate workout!

Get Fit

Dining-Out Group

Many Southshore Falls residents have already discovered how enjoyable it is to dine out with their friends and neighbors on a regular basis. Not only can you experiment with new restaurants and foods, but it also gives you the opportunity to meet new people and make new friends. In fact, we encourage you to join a group that is not in your immediate social circle for that basic purpose. It's easy to sit back and socialize only with residents who are already friends, but there are a lot of really wonderful people living here at SSF that we haven't had the opportunity to meet yet. The once-a-month dinner out provides a wonderful chance to do just that. Each month we would like to print a review of one or more of the



One party from each dining group, please contact Peggy, email with your dining experiences-critique of the restaurants.

restaurants groups have visited—good, bad, or indifferent. If you are already in a dining-out group, please choose a contact person and let Peggy Retsch (645-9309) know who it is. If you have not signed up yet, you can do so in the Wellspring Clubhouse book or directly with Peggy.

Bon appétit! Barbara DeOca

Southshore Falls Women's Social Club

This month's luncheon will be held at Little Harbor in Ruskin on May 18th starting at noon.

Menu:

Salad and choice of dressing

Hot rolls and butter

Entrée- choice of Chicken Chardonnay, Champagne Basa, or Vegetable Lasagna

Key lime pie

Coffee, Hot Tea, Iced Tea, or Water

Bar service will be available with 2 for 1 drinks. Cost will be \$15.00 per person. Please sign up in the book in the clubhouse lobby. Money can be turned in by May 11th to one of the following: Ann Allen, Kathie Baryza, and Roz Hensor.

Critic's Corner

Next meeting will be Monday, May 30th. The movies that we are discussing will be:

The Pursuit of Happiness (2006) with Will Smith and Jaden Smith

A struggling salesman takes custody of his son as he's poised to begin a life-changing

professional endeavor. Based on a true story.

Changing Lanes (2002) with Ben Affleck and Samuel L. Jackson

A young lawyer and a businessman share a small automobile accident and their mutual road rage escalates into a feud.



Travel Club

Pat Lea reports:

Due to the tremendous response that the cruise line received for the *Oasis of the Seas* sailing, Royal Caribbean will not allow me to hold group space past May 31st. If you have been thinking about this cruise, now is the time to reserve your cabin. This ship will be sailing on November 12th from Ft. Lauderdale, and I already have 44-passengers booked. I have four cabins remaining for the group allotment. A Central Park balcony stateroom is priced at \$1,092.24-and Outside Balcony at \$1,272.24-per person, based on double occupancy. The initial deposit is fully refundable until Aug 29th.

Bus transfer prices are not available as of now but I will be working on that very soon. I will not be available to take your calls until May 17th, and since I have had a lot of interest in Key West and the Norwegian ship sailing out of Tampa for next year, I will be working on getting something booked for both of these when I return.

Contact me at 813-938-5580/patlea@tampabay.rr.com.

Neighborhood Wine Group

Would you like to have an opportunity to taste wines from around the world? Would you like to have an enjoyable evening with some of your Southshore Falls neighbors? If the answer is yes, consider a neighborhood wine group. A wine group consists of 5 to 7 couples (singles are welcome) meeting once a month in a member's home. Each couple brings a bottle of a preselected wine plus an appetizer. The group tastes, discusses, and rates each wine and socializes while enjoying finger foods. If you are interested, please sign up at the Wellspring clubhouse, and if you have any questions, call Barry Lea at 813-938-5580.

May Fitness Fun from Deb Peters

National Senior Fitness Day is May 25th! Good news for seniors, part of the prescription for a healthier, better retirement is exercise. Physical activity protects you against declining health and fitness adds years to your life. For every hour you engage in some type of physical activity, you add two years to your life. Regular exercise can help protect against heart disease, control high blood pressure, body weight and cholesterol levels. A good exercise program should consist of cardiovascular exercise, muscular conditioning and flexibility exercises. The best cardiovascular exercises for seniors are non-jarring, such as swimming, biking and walking. Start easy and build up your endurance. Always remember to check with your doctor before starting a new program. Increase the quality and quantity of your life, start moving today!

Join me on May 25th for a workout on the pool deck to celebrate National Senior Fitness Day.

Yours in health and wellness,
Deb Peters

For every hour you engage in some type of physical activity, you add two years to your life.



Deb Peters
dpfitness@live.com

Special lunch
water aerobics:

Get a great workout
and have lunch on the
pool deck with Deb

May 4th & 25th
12:00 pm

Triathlon Info Meeting:

Swim, bike & run/walk
your way to good health.
Very easy to train and
achieve for most! Train-
ing programs start May
18th.

Senior Fitness Day Party

Come to the pool and celebrate your fitness! Special lunch-time water-aerobic class at noon, after class meet and chat with our trainer, Deb. Also, don't miss body fat percentages, BMI information and other health checks.

Wednesday, May 25th
12:00 pm - 2:00 pm



Special Thank you

Thank you to the special men, Rick Emmer & Ross Alford who help with our monthly Newsletter. Thank you again for your support and time!

Rezoning Hearing

There will be a Rezoning Hearing on May 16th, at 6PM at 601 E. Kennedy Blvd, Tampa. There will be a bus/car pool from the Clubhouse at 5:00 pm. All SSF home owners welcomed to attend with the SSF T- Shirts. Contact Doug Hardy at 645-3530.



Event Committee

We have only received 3 applications for the event committee so far. Please come to the Wellspring Clubhouse and speak with Dominique for an application. The application period will be finished May 30th.



HOA Due Reminder



Association monies are due by the 5th of each month. Please see Cathy with any questions

Fitness Center

Please make sure you are wiping off equipment in the gym after each use. Also, limiting the cardio equipment to a maximum of 30-minutes when there is someone waiting. Thank you for your attention to this matter.

Newsletter Advertising

We are now selling advertisements in our monthly newsletters. If you or someone you know has a business and would like to advertise, please see Dominique for the Information and pricing.

Card Scanner

The front lobby doors will be unlocked every day from 9:00 am-6:00 pm. Please scan your access cards at the reception desk when entering through the clubhouse. Access to the café, multipurpose room, and fitness center have not changed. Please see Kim for more information.

Kim's Korner

Dear Southshore Falls Residents:

We have many residents who bicycle throughout the community. In Florida a bicycle is legally defined as a vehicle. Bicyclists have the same rights to the roadways, and must obey the same traffic laws as the operators of other vehicles. These laws include stopping for stop signs and red lights, riding with the flow of traffic, using lights at night, and yielding the right-of-way when entering a roadway. There is only one road and it is up to bicyclists and motorists to treat each other with care and respect for the safety of all. For more information, please visit www.floridabicycle.org.

Two hot items for most Community Associations are pets not being walked on a leash and pet owners not cleaning up after their pets. Please remember that according to the Initial Use Restrictions in the Declaration of Covenants, Conditions and Restrictions for Southshore Falls, "Dogs must be kept on a leash or otherwise confined in a manner acceptable to the Board whenever outside the dwelling and the person walking the dog shall clean up after it." In addition, Hillsborough County Animal Ordinance 00-26 Section 10 requires that dogs be restrained and Section 14 requires that all animal waste be immediately removed by the person who has custody or control of the animal.



It has been noted that there have been times that dog owners have been utilizing the undeveloped lots to allow their dogs to run loose. This is not permitted and we ask that this activity stop immediately. These areas are not Association property and engaging in this activity is trespassing. Dr. Ott's Dog Park is located at 21st Avenue & 3rd Street SW in Ruskin, FL 33570 and look for the brand new Apollo Beach Dog Park located at 664 Golf and Sea Boulevard to open in the very near future! This new dog park will be right around the corner from the community.

We appreciate your attention to these very important matters as we strive to maintain Southshore Falls as the beautiful community it is today!

Warm Regards,

Kim Bittar, LCAM
Community Manager

kbittar@accessyourcommunity.com

